

Refreshment Break Options

Tea/coffee	€ 3.50
Tea/coffee/biscuits	€ 4.00
Tea/coffee/scones	€ 6.00
Tea/coffee/selection of pastries	€ 6.00
Tea/coffee/bacon baps	€ 7.00
Tea/coffee/sandwich	€ 8.00
Tea/coffee/soup/sandwich	€ 14.00
Main course lunch with tea or coffee	€ 15.00
2 course lunch with tea or coffee	€ 20.00
3 course lunch with tea or coffee	€ 25.00

Working lunches served to the meeting room

Menu One € 13.00

A platter of open sandwiches on baguette and brown soda
 A selection of Irish cheeses with grapes and biscuits
 Tortilla chips and dips
 A selection of fresh fruit
 Mineral water and orange juice

Menu Two € 14.00

A platter of open sandwiches and filled wraps
 Parmesan straws with guacamole
 Assorted quiche
 A selection of cakes and pastries
 Mineral water and orange juice

Tea and coffee break packages

The breakfast bites € 9.00

Selection of teas and coffee
 Any two (choose from)
 Tasty bacon baps
 Mixed fruit smoothies
 Creamy porridge with honey and seeds
 Yogurt and granola pots
 Fresh fruit skewers
 Granola bars
 Fresh fruit salad pots

The cookie jar € 6.00

Selection of teas and coffee
 Any two jars of goodies (choose from)
 Baked chocolate chip cookie
 Rich chocolate brownie bites
 Chocolate chunk shortbread
 Sultana & cranberry granola bites
 Colourful macarons
 Pecan shortbread
 Tiffin bites



Refreshment Break Options

The afternoon pick me up € 9.00

Selection of teas and coffee
 Strawberry iced lemonade
 (Choose two from)
 Selection of fruit smoothies
 Chocolate brownies and cream
 Rice cakes with Nutella and peanut butter
 Fair trade chocolate bars
 Mini jam doughnuts
 Toffee popcorn
 Zingy Sicilian lemon mini tarts
 Cheesecake in a jar
Extra choices for €3.25

The wellness break € 9.00

Selection of teas and coffee
 Detox infused Echoz water
 (choose two from)
 Mixed fruit smoothies
 Vanilla protein shots
 Yogurt and granola pots
 Fresh fruit skewers
 Strawberries and honey yogurt
 Granola bars
 Fresh fruit salad pots
Extra choices for €3.25

Indulgent break € 10.00

Selection of teas and coffee
 (choose two from)
 Zingy Sicilian lemon mini tarts
 Eaton mess jars
 Chocolate brownies and cream
 Fairtrade chocolate bars
Extra choices for €3.25

Beverage list € 4.00

Detox infused Echoz water
 Strawberry iced lemonade
 Mixed fruit smoothies
 Vithit multi vitamin drinks
 Venga juices
 Flavoured milkshakes

